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**RETAIL THERAPY** 

### Second home

A shoppable living space is the latest addition to lifestyle boutique Hopson Grace hen Andrea Hopson and Martha Grace McKimm opened their Toronto tableware boutique Hopson Grace in 2015, they reserved the second floor of the building as a place to host special events. But as their customer base grew, so too did demand, with clients asking for items beyond the tableware and accessories they had in stock. After careful consideration, the duo, who both have backgrounds working for luxury goods brands, decided to introduce an innovative shopping concept to the upper level. "We weren't attracted to the idea of another classically designed retail environment," Hopson says. "This had the opportunity to be something more unique that would draw someone to a second-floor space and that would provide context, particularly for our registries."

The result is a fully shoppable apartment that brings together every room of the house, with expanded offerings that include bedding, bath linens, lighting and decorative pieces, as well as cookware and tools for the kitchen. It's a selection that focuses on craftsmanship and aesthetic that's particularly suitable for gifting. "People want quality over quantity," says McKimm, adding that no one wants to give an unwanted gift. "One of the things that has become very evident is that people take an enormous amount of care to select just the perfect item," Hopson says. "And they really do agonize over it in a lovely way."

To complete the feel of an apartment, Hopson Grace partnered with Italian kitchen manufacturer Scavolini on a custom kitchen stocked with products for sale from David Mellor, Dualit, Staub, Cuisinart and more. Local Toronto interior designers such as Kate Thornley-Hall and J Gibson Interiors provided some of the second floor's larger furnishings, which are also available for purchase. Hopson Grace, 1120 Yonge St., Toronto, 416-926-1120, hopsongrace.com.

— CAITLIN AGNEW

Special to The Globe and Mail

IN STOCK



Decor Walther DW Soap Dispenser, \$485.



Latierra Alpaca Reversible Alpaca Throw, \$395.



Jim Lorriman "Catching the Rain" Staghorn Sumac Vase, \$760.



My Bedroom is an Office & Other Interior Design Dilemmas US\$19.99 at bookstores and online (laurenceking.com).

#### воок

# STYLE FROM SCRATCH

Beautiful rooms don't just happen. They require careful planning, a budget and (often) oodles of imagination. British interior designer Joanna Thornhill knows most people find unfurnished rooms daunting. They want to create a gorgeous home or rental property, but don't have a clue how to go about it. This book anticipates the challenges of starting from scratch and tackles everything from making the most of a tiny space, incorporating traditional furniture into contemporary rooms and making windowless rooms seem bright. At the end of the book, Thornhill answers the question we all ask: "When will I be done?" Her response (spoiler alert): never. - GAYLE MACDONALD

GADGET

### NIGHT LIGHT

The Glow Light, created by the mattress maker Casper, is specially designed to help you drift off to sleep. Flip it over and its soft white light will turn on and then begin to slowly dim over the course of 45 minutes. Once it's gone dark, you're sure to be out. You can also program it through an app on your smartphone to turn on whenever you'd like to wake up. Shine and rise.

– DAVE MCGINN



The Glow Light, \$140 through casper.com.

That's

A WTAP

Solving an acne issue might be as simple as pulling hair back off your face as you sleep

RITUAL

The NiteCap, \$98 through nitecapco.com.

s anyone who's struggled with acne can attest, getting to the cause of blemishes can feel like an impossible mystery to solve. For Sarah Marantz Lindenberg, who was experiencing breakouts before her wedding, the culprit turned out to be her long hair touching her face, back and neck while she slept. To keep her hair away, Marantz Lindenberg started wrapping it in a silk scarf before bed. Not only did her skin clear up, she found her hair looked better in the mornings and that her blowouts lasted longer too. Inspired by this sleep-time strategy that's long been used by savvy women around the world, Marantz Lindenberg created the NiteCap, a hair wrap made in Canada of 100 per cent washable silk.

"Tve been telling patients for years to keep their hair off their face," says Toronto dermatologist Dr. Ingrid Jarvis, adding that certain skin types are particularly susceptible to strand-induced damage. For anyone with skin sensitivities, Jarvis says that chemicals from hair products as well as pollution on the hair can further irritate skin, while those with oily skin tend to have oily hair, resulting in a vicious cycle. Similar to jade rolling or a face mask, wrapping up your hair has the added bonus of providing a restful ritual before bed.

Special to The Globe and Mail

## Style news

Heritage outerwear brand London Fog is launching a collaboration with designer Jeremy Scott. The first of two capsule collections debuts March 13 exclusively at Hudson's Bay (thebay.com) in Canada. They feature the American designer's twist on London Fog classics, notably the trench coat, with recurring design motifs including zippers and leopard print. The eight pieces in the spring collection include a laptop case, handbag, suitcase, umbrella, scarf, bucket hat and a trench coat featuring a draped hemline, zipper detailing and leopard-print lining. To celebrate the collection, Scott will be making a public appearance at Hudson Bay's downtown Toronto location on March 20.

Louis Vuitton is launching a sporty new leather goods collection this month. Called Taigarama, it pairs the brand's signature Taiga leather with its monogram canvas in eyecatching colours such as neon yellow, bold blue and a crisp white. Casual in nature, the collection includes signature Louis Vuitton styles such as the Keepall, Discovery Backpack and Messenger Bag as well as rolling luggage. Small leather goods on offer include a wallet, pocket organizer and bracelet. For more information, visit louisvuitton.com.

Fogo Island Inn in Newfoundland is offering a taste of the south this weekend. From March 15 to 17, chef Hugh Acheson returns from Athens, Ga., to join executive chef Jonathan Gushue for three days of food exploration. Acheson will take guests on a culinary tour of the island, where they'll meet local foragers, sustenance farmers, fishers and food artisans while learning of local culinary practices such as root cellaring, bottling and preserving. For the collaborative supper on March 16, the two chefs will prepare a multicourse meal made using local ingredients. For more information, visit fogoislandinn.ca.

As the Grand Canyon National Park celebrates its 100-year centennial, it's getting a kick in fundraising from footwear brand Teva alongside a collection inspired by the natural wonder. Known as GC100, Teva's spring collection features classic designs in colours inspired by the shades of the canyon. Throughout 2019, the brand will be hosting a contest to win a river trip to the Grand Canyon and launching a video series showcasing stories of the canyon. Teva has also pledged to donate \$100,000 to the Grand Canyon Conservancy, which is the park's official non-profit partner. For more information, visit teva.com/GC100.

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